

Undergarment and Shoe Information for Frozen Jr.
YOU MUST PROVIDE YOUR OWN AND BRING THEM ON WEDNESDAY and THURSDAY, JUNE 17 and 18

HYGIENE

- 1) Deodorant is not optional.**
 - a. Apply liberally in the morning. Bring it in your bag. Apply it liberally again BEFORE putting on your costume. Better yet, bring a washcloth to “freshen up” before you re-apply.
- 2) It is essential that you shower before the dress rehearsals and show.**
 - a. You will sweat! Bacteria accumulates in the costumes, making them smell. BAD.
- 3) You must wear clean undergarments for every dress rehearsal and show.**
 - a. Please take them home after the dress rehearsals and wash before the next dress rehearsal or show.

SHOES

- 1) Everyone will wear black jazz shoes EXCEPT Snow Chorus. We will provide white ballet shoes for Snow Chorus. All Girls, please wear dance tights that match your skin tone. Boys please wear black crew-length socks that cover your ankle.



You can order black jazz shoes on Amazon:

[KIDS'S SIZE JAZZ SHOES](#)

[ADULT SIZE JAZZ SHOES](#)

- 2) If buying jazz shoes is a hardship, please let Mrs. Risk know and we will provide some you can borrow.

GIRLS:

- 1) Please wear a bra that matches your skin tone as much as possible (nude, tan, dark brown, etc.) OR it can be white. Make sure it is VERY supportive! Doubling a bra is a good way to provide extra support if needed. Sports bra straps may show at the neckline so you may not be able to wear these. Make sure your straps are not crossing in the back and are narrow to avoid them showing on your neck.
- 2) Snow Chorus: you will need a white camisole and white or nude dance shorts. Alternately you may wear a white bodysuit such as this one: [Link](#)
- 3) All other Girls: Skin-tone or white close-fitting camisole. For women's sizes, here is a [link](#) to buy them from Amazon. For girl's sizes, here is a [link](#) to buy them from Amazon. You can also find them at Target, womens' [here](#), girls' [here](#).
- 4) Skin-tone or black dance shorts (with an inseam of no more than 5"). Here is a link to buy them from Amazon for [girls](#), and [women](#). Or Target, girl's sizes [here](#), women's sizes [here](#).

BOYS:

- 1) White, close-fitting tank top undershirt (no sleeves).
 - a. For tank top undershirts, here are some resources:
 - i. Amazon: [here](#) (for men's sizes) [here](#) (for boy's sizes)
 - ii. Walmart, Target, Kohls, and other stores also carry these.
- 2) Boys should wear close fitting dance shorts or sports compression shorts. These should not be baggy as they will have to be worn under pants. Here are some Amazon links for these:
[Boys](#)
[Mens](#)