

Required Undergarments and Shoes/Socks for Dare To Dream

YOU MUST PROVIDE YOUR OWN AND BRING THEM TO OUR COSTUME PARADE ON MONDAY, MARCH 9

HYGIENE

- 1) **Deodorant is not optional.**
 - a. Apply liberally in the morning. Bring it in your rehearsal bag. Apply it liberally again BEFORE putting on your costume. Better yet, bring a washcloth to “freshen up” before you re-apply.
- 2) **It is essential that you shower before the costume parade, dress rehearsals, and show.**
 - a. You will sweat! Bacteria accumulates in the costumes, making them smell. BAD.
- 3) **You must wear clean undergarments for every dress rehearsal and show.**
 - a. Please take them home after the dress rehearsals and wash before the next dress rehearsal or show.

GIRLS:

- 1) Please wear a bra that matches your skin tone as much as possible (nude, tan, dark brown, etc.). NO SPORTS BRAS PLEASE. The straps of sports bras show at the neckline.
- 2) Nude or skin-tone, close-fitting camisole. No tank tops please. For women’s sizes, here is a [link](#) to buy them from Amazon. For girl’s sizes, here is a [link](#) to buy them from Amazon. You can also find them at Target, womens’s [here](#), girl’s [here](#).
- 3) Nude, white, or light colored dance shorts (should have an inseam of no more than 5”). Here is a link to buy them from Amazon for [girls](#), and [women](#). Or Walmart, [girl’s](#) sizes, [women’s](#) sizes.

BOYS:

- 1) White, close-fitting tank top undershirt (no sleeves).
 - a. For tank top undershirts, here are some resources:
 - i. Amazon: [here](#) (for men’s sizes) [here](#) (for boy’s sizes)
 - ii. Walmart, Target, Kohls, and other stores also carry these.
- 2) White or light colored, close-fitting shorts you can wear under your costume. No boxers or basketball shorts. Dance shorts or Swim/Sports compression shorts are good. Here is are some links from Amazon for [boys](#) and for [men](#)

SHOES and SOCKS:

Please provide your own high-top Converse in black or white, or white sneakers, or black sneakers. Please keep to black and white colors **only**. If your shoes have any other color on them, you will need to get different shoes. If your shoes are

dirty you must clean them well or get different shoes. Please wear black or white crew-length socks (they go up to the bottom of your calf muscle). Below are some examples of shoes that are acceptable and unacceptable:

Acceptable:



Unacceptable:

