

Required Undergarments for Seussical Jr.

YOU MUST PROVIDE YOUR OWN AND BRING THEM ON WEDNESDAY, MAR. 19

HYGIENE

- 1) **Deodorant is not optional.**
 - a. Apply liberally in the morning. Bring it in your rehearsal bag. Apply it liberally again BEFORE putting on your costume. Better yet, bring a washcloth to “freshen up” before you re-apply.
- 2) **It is essential that you shower before the dress rehearsals and show.**
 - a. You will sweat! Bacteria accumulates in the costumes, making them smell. BAD.
- 3) **You must wear clean undergarments for every dress rehearsal and show.**
 - a. Please take them home after the dress rehearsals and wash before the next dress rehearsal or show.

GIRLS:

- 1) Please wear a bra that matches your skin tone as much as possible (nude, tan, dark brown, etc.). NO SPORTS BRAS PLEASE. The straps of sports bras show at the neckline.
- 2) Nude or skin-tone, close-fitting camisole. No tank tops please. For women’s sizes, here is a [link](#) to buy them from Amazon. For girl’s sizes, here is a [link](#) to buy them from Amazon. You can also find them at Target, womens’s [here](#), girl’s [here](#).
- 3) Nude or black dance shorts (should have an inseam of no more than 5”). Here is a link to buy them from Amazon for [girls](#), and [women](#). Or Target, girl’s sizes [here](#), women’s sizes [here](#). BIRD GIRLS, MAYZIE, and GERTRUDE please get Nude dance shorts.

BOYS:

- 1) White, close-fitting tank top undershirt (no sleeves).
 - a. For tank top undershirts, here are some resources:
 - i. Amazon: [here](#) (for men’s sizes) [here](#) (for boy’s sizes)
 - ii. Walmart, Target, Kohls, and other stores also carry these.
- 2) Close-fitting underwear. No boxers or basketball shorts.