

# Basic Female Stage Makeup

- Step 1: Apply foundation
  - Your foundation should be 1 shade darker than your natural skin tone.
- Step 2: Contour + Highlight
  - Contour is different than blush
- Step 3: Blush
  - NO SHIMMER, GLITTER, OR SPARKLE
  - General rule: the more the better. If you feel like you're wearing too much, you probably aren't wearing enough.
- Step 4: Eyeshadow
  - Keep it basic and neutral
  - Tip: use your contour + highlight shades
- Step 5: Eyeliner
  - Thin line, no wing
  - Use a dark brown or black depending on what compliments your skin tone
- Step 6: Mascara
  - Use black mascara to define your eyelashes
- Optional:
  - Translucent powder - this covers shininess.
  - Natural lip color

# Basic Male Stage Makeup

- Step 1: Apply foundation
  - Your foundation should be 1 shade darker than your natural skin tone.
- Step 2: Contour + Highlight
- Step 3: Blush
  - NO SHIMMER, GLITTER, OR SPARKLE
  - General rule: the more the better. If you feel like you're wearing too much, you probably aren't wearing enough.
- Step 4: Eyeliner
  - Use a dark brown eye pencil
  - Thin line
- Optional:
  - Translucent powder - this covers shininess.

**Great Tutorial**

[Basic Stage Makeup for Men AND Women](#)