

## Undergarment Requirements for ROCK OF AGES

\*These are personal items that you we do not provide for you.

**YOU MUST BRING THESE ON MONDAY, FEBRUARY 10\***

*These will be worn under your costumes at all times. Investing in more than one of each is smart so you can have clean undergarments for every show.*

### **HYGIENE**

- 1) **Deodorant is not optional.**
  - a. Apply liberally in the morning. Bring it in your bag. Apply it liberally again BEFORE putting on your costume. Better yet, bring a washcloth or body wipes to “freshen up” before you re-apply.
- 2) **It is essential that you shower after every dress rehearsal and show.**
  - a. You will sweat! Bacteria accumulates in the costumes, making them SMELL BAD.
- 3) **You must wear clean undergarments and socks for every dress rehearsal and show.**
  - a. We recommend you have at least two of everything so you can bring one home to launder and leave the clean one in your ditty bag at school.

### **GENERAL NOTES**

- 1) Please wear close-fitting underwear. No loose boxers or basketball shorts.
- 2) If you have not been assigned socks, tights, or hosiery, please wear black, knee-length socks that will not fall down.

### **SHERRIE, WAITRESSES, & VENUS A-GO-GO DANCERS (not Justice)**

- 1) You will need to wear a close-fitting black bodysuit/leotard.
- 2) If purchasing, please use these links:
  - a. [Bodysuit](#) (adult sizes)
  - b. [Leotard](#) (very small sizes)
- 3) If you bring one you already own, the neckline must be straight across or a v-neck – no scoop necks or high necks.
- 4) Skin-tone dance tights (no pantyhose/nylons). See note below about dance tights.
- 5) Waitresses & Venus dancers do not need black dance shorts. Sherrie does need dance shorts.

### **ANYONE WEARING A SKIRT OR DRESS IN THE SHOW**

- 6) Unless otherwise directed, a skin-colored bra with regular straps (no sports bras or racer/t-backs). Make sure it is VERY supportive!
- 7) Skin-tone close-fitting camisole or bodysuit.
- 8) Skin-tone or black dance shorts (should have an inseam of no more than 5”).
- 9) Skin-tone dance tights (no pantyhose/nylons).
  - a. We recommend Capezio brand tights. These are available in a variety of colors (please no ballet pink) and are high-quality. You can find them on online on Amazon or Discount Dance Supply, or in-person at the Capezio store on Race Street in San Jose.

### **ANYONE WEARING TROUSERS (PANTS) IN THE SHOW**

- 1) White, close-fitting tank top undershirt OR camisole (no sleeves).
  - a. Walmart, Target, Kohls, and other stores carry these. Or:
    - i. Online: [Amazon](#)

### **SHOES**

- For the most part, we will likely provide your shoes. If needed, Mrs. Risk will let you know.