

General Packing Instructions

- Make sure all essentials are packed within the carry-on bag: medicine, basic toiletries, money, cell phone with charger and earphones, pillows/blankets, and entertainment for long layovers. **Pack your carry-on bag so that you could survive if the checked bag got lost/delayed.**
- Most students choose to bring \$100-200 for souvenirs and snacks in the airports.
- We will be visiting during the winter and it will be COLD for us Californians. Pack layers and a warm coat – NOT just a hoodie.
- **We will be moving rooms EVERY NIGHT – please pack light, so it's easy for the whole group to move easily/quickly.**
- There will be days of extensive walking on outdoor campus tours. Bring sneakers or boots—not just slippers.
- Have a trusted adult check everything before you pack.
- Make sure your luggage and bags are labeled.

Students should be able to manage/carry their own bags. The MAX you can bring (consider less):

- 1 Checked Bags (under 50lbs)
- 1 Carry-on Bag
- 1 Personal backpack

Avoid bringing valuable or sentimental items.

General VCHS Dress Code

- Only bring attire—even for bus or air travel—that is within VCHS dress code (pajama bottoms for travel days are okay, but you should be appropriately dressed for our museum and college visits).

Packing List

Clothes – 5 Day Trip

Warm Pants
T-Shirts (1-2 a day)
Socks and Underwear (1-2 pairs a day)
Pajamas
Sweatshirts
Warm coat (not just hoodies & blankets)
Warm hat/gloves
Travel umbrella
Sunglasses
Jeans/outfits for visiting colleges, museums, and churches
Sneakers/ Durable Shoes
Slippers
Earplugs
Belts

Toiletries/Medicine

Toothbrush/Toothpaste (good in carry-on)
Floss
Shampoo/Conditioner

Deodorant
Body wash/soap
Face cleanser
Sanitizer Wipes
Lip Balm
Razors
Water Bottle
Hair brush/supplies
Hair ties
Multiple face masks
Eyewear — Glasses, contacts, solution
Medicine
(If you need/want to bring your own, fill out medical release form)
Personal Medication

Sleep/Entertainment

Games/Playing Cards
Snacks for flight
Reading materials
Blanket
Pillow
Headphones
Pen/Paper
Chargers

\$100-200 for purchases

Faculty Leaders Carry...

Allergy Medicine (Benadryl)
Ibuprofen
Nausea Medicine
First Aid Kit