

VC Connect 2021

- A** All School Webinar **F** Food/Refreshment **G** General Information **N** General Session 1 **R** General Session 2
L General Session 3 **O** Group **P** Personal Enrichment Session

MARCH 26 • FRIDAY

7:00am – 7:50am **F Coffee Cart** Breezeway
Do you need some caffeine to start your morning? Come get an espresso drink or hot chocolate to start things off right. The line will close at 7:50 am, so that all staff can be on the call by 8:00 am.

7:50am – 8:00am **G General Information & How to Get Technical Help (If Needed)** For Your Information Only
If you are experiencing technical difficulties, either as a speaker or participant. You can get day-of help through this Zoom Room link: <https://vcs.zoom.us/j/8814305678>
Or by sending a text to one of our team members:
Jeremy Cunningham: 408-891-1213
Lesa Embry: 209-250-9700
Shirley Hitchcock: 408-639-3015

Please do not use the chat feature to register your attendance. Attendance will automatically be recorded.

8:00am – 8:50am **O 7 Realities of Experiencing God** Zoom
Speakers: Tim Galleher
When you open the Scriptures, you begin to see what He's doing in you and all around you. The Bible is designed to help you understand the ways of God. Then, when God starts to use your life in the same way He worked in Scripture, you'll recognize that it's God who's at work in you and through you. Moses' experience at the burning bush clearly illustrates the way God invites ordinary people to experience Him in extraordinary ways. The Seven Realities identify ways God works to involve people in His activity.
There will be time for prayer and reflection.

8:00am – 8:50am **O A Light in the Darkness** Zoom
Speakers: Judy Marc
As Christians, we are lights to the world in our little corners, but as teachers and staff at Valley Christian, we become like a string of lights that can pierce the darkness. Come and learn how to use the Evangecube to present the Gospel to students of all ages. Each participant will be provided with an Evangecube, and I will talk you through how to use it to share the good news. Once we have practiced together, you will share with a partner in a breakout session. You need to pick up your Evangecube in Shirley's office during the week, prior to the start of VC Connect.

This session will include breakout groups. You will have your camera on and be involved in active participation.

This session is limited to 36 participants, due to the supplies that needed to be purchased.

8:00am – 8:50am **O Breathe** Zoom
Speakers: CJ Clark
This will be a time of prayer and reflection. A time to slow down and breathe.

We will reflect on a simple scripture and have an opportunity to reflect on where you are and where God is inviting you to be.

8:00am – 8:50am **O Finding God in His Creation** Zoom
Speakers: Brian Ballard
We will have a discussion on how to practice experiencing God's presence through His creation.

There will be time for discussion, prayer, journaling, and reflection.

8:00am – 8:50am	<p>O Finding Joy in the Struggle <i>Speakers: Shea Coleman</i> 1 Peter 1:7 The Psychological purpose of struggle and why it is beneficial.</p> <p>Discussion, prayer, and reflection time.</p>	Zoom
8:00am – 8:50am	<p>O Jesus Saves (Zoom Passcode is 212212) <i>Speakers: Jim Carlson</i> I will share the narrative of a real event when I was living and working in Malaysia in the 1970s when God saved my life. God sometimes acts before we get a chance to pray.</p> <p>There will be time for discussion, prayer, and reflection.</p>	Zoom
8:00am – 8:50am	<p>O My Help Comes From You <i>Speakers: Amy Smith</i> Ever hear that perfect song that just meets you where you are at in a time of struggle or pain? Participants will hear and share (if desired) worship songs that have made an impact during difficult times in their spiritual journey.</p> <p>There will be time for discussion, prayer, and reflection.</p>	Zoom
8:00am – 8:50am	<p>O Stack Some Rocks <i>Speakers: Steve Parmenter</i> In Joshua 3 and 4, Israel built a memorial from the Jordan river rocks to commemorate the provisions of the Lord. Despite all that we have faced in the past year, we too can look back on our lives and as a VC community and see the work of the Lord and his provision for us. We too should stack the rocks to remember God's provision.</p> <p>There will be time for discussion, prayer, and reflection.</p>	Zoom
8:50am – 9:25am	<p>A All School Session - Preparing for the Next Phase of the Pandemic <i>Speakers: Amanda Reid, Rosa Yang, Joyce Weideling, Ashlee Saenz, Tina Engel, Elena Park</i> This is an all-school session. The team from Christian Counseling Center will be introduced and discuss what to expect in the next phase of this pandemic, especially from a social and emotional viewpoint.</p>	Webinar
9:30am – 10:25am	<p>N Burnout: Recovery & Prevention <i>Speakers: Tina Engel, Elena Park, Amanda Reid, Rosa Yang, Joyce Weideling, Ashlee Saenz</i> In 2020, Educators taught people through a global pandemic, an economic crisis, a politically polarized election, a racial justice movement, a chronic uncertainty, anxiety, and depression with no preparation, warning, or special training all while they went through the same experiences themselves. Many of you have never worked harder and felt more defeated all at the same time! If you're in need of a reminder of how amazing you are and learn what preventative measure you can take as we enter the anniversary of such emotionally exhausting experiences, this workshop is for you!</p> <p>You will be able to learn techniques that will help you recover from and prevent, burnout. You will also have time to collaborate on trends in kids and teens, signs to look for that need extra care, and simple tips you can do, even on zoom. Together, we will focus on <u>how</u> and <u>where</u> we can grow and transform personally, professionally, spiritually, and in community as we prepare together for 2021's challenges. The struggle is real and you have been courageous through it. We are better together because nobody deserves to do this year alone and in burnout.</p> <p>Have a journal and writing instrument handy.</p>	Zoom

9:30am – 10:25am	<p>N Get Up & Move! Easy Movement Exercises for the Elementary Classroom (with LIVE Demonstration)</p> <p><i>Speakers: Michelle McLaughlin</i></p> <p>Do you want to promote creativity, better focus, improved test scores, brain development, and mind/body connection in a few quick moments? Come join me as we learn about the benefits and practical application of movement being added to your daily lesson. My students will be demonstrating a few EASY and SIMPLE ways to get those brain connections working! Plus get those wiggles out of your students in a manner that is going to improve your class management and the attention and retention of your students! What more can you want!!</p> <p>NO MOVEMENT EXPERIENCE NECESSARY!!! Just a FUN time!</p> <p>We will begin with a short intro about why to include basic movement into the Elementary classroom! Our class will be focused on understanding how aerobic exercise can be used to improve learning, memory, and higher cognitive abilities in humans based on the research of Wendy Suzuki, a progressive neuroscientist leading the field .</p> <p>Then WATCH, LEARN & JUMP IN as my assistants demonstrate some fun tools for your Classroom!</p>	Zoom
9:30am – 10:25am	<p>N Opportunity in the Obstacle</p> <p><i>Speakers: Amy Hernandez</i></p> <p>For many educators, this year has been one of the most difficult and stressful years...EVER! For some, you have never worked harder or felt more defeated! If you're in need of a life preserver, this workshop is for you!</p> <p>In addition to some encouragement, you will be given time during this session to help you discover what opportunity is possible for you right now. It can be really challenging to discover the good, but doing so could be exactly what you need right now. Together, we will focus on <u>how</u> and <u>where</u> you can grow and transform personally and professionally during this crazy time.</p> <p>Have a journal and writing instrument handy.</p> <p>This session will utilize breakout rooms and will require you to have your camera turned on and be actively participating throughout the session.</p>	Zoom
9:30am – 10:25am	<p>N Social Emotional Health from a Parent's Perspective</p> <p><i>Speakers: Brian Clemons</i></p> <p>Did you know that one in five struggle with some level of mental health? How can we as educators support students and their families when crises hits? Come hear a story of a journey from a huge perspective shift to an advocate for health and wellness. Recovery is possible! How can I contribute to keeping students on track and supported?</p>	Zoom
9:30am – 10:25am	<p>N Turnitin (Part 1 of 2)</p> <p><i>Speakers: Dr. Susan Tyler</i></p> <p>Turnitin's Feedback Studio is designed to allow instructors to deliver quality feedback to students while ensuring academic integrity. No matter what you teach, from English to Business, this session will be a practical experience for any Turnitin user who wants to better understand how to use the software in your learning management system. Our session will begin with a deep dive into Turnitin Feedback Studio's grading features and similarity report. You will learn how to return quality feedback to students using Quickmarks, rubrics, and the ETS e-rater (automated). We will also take a deeper dive into reviewing and interpreting Turnitin results (Similarity Report) and how to create an assignment. Please come prepared to learn!</p>	Zoom
9:30am – 10:25am	<p>N What's New with Zoom</p> <p><i>Speakers: Israel Pinile</i></p> <p>What's New with Zoom will be a quick refresher training session about Zoom Meetings and all the new features of the platform.</p>	Zoom
10:30am – 11:20am	<p>R Christian Counseling Center Breakout Session Grades 7-12</p> <p><i>Speakers: Rosa Yang, Joyce Weideling, Ashlee Saenz</i></p> <p>To think about prior to this session:</p> <p>What are you seeing in your students in this pandemic?</p> <p>What are the challenges you have been facing with this age group?</p>	Zoom

10:30am – 11:20am	<p>R Christian Counseling Center Breakout Session Grades K-6</p> <p><i>Speakers: Tina Engel, Elena Park, Amanda Reid</i></p> <p>To think about prior to this session: What are you seeing in your students in this pandemic? What are the challenges you have been facing with this age group?</p>	Zoom
10:30am – 11:20am	<p>R Remember Your Why</p> <p><i>Speakers: Amy Hernandez</i></p> <p>Are you finding it difficult to remember why you got into education, coaching, or supporting students? If so, YOU ARE NOT ALONE. This workshop will focus on re-connecting you to the reasons you entered education. It has never been more important for you to remember your WHY! Connecting to your WHY can help ensure you are showing up in a positive way for yourself and your students each day. Personal clarity of your WHY, and how to successfully navigate the last weeks of school, will be your take-aways from this session.</p> <p>Have a journal and writing instrument handy.</p>	Zoom
10:30am – 11:20am	<p>R Social Emotional Health from a Parent's Perspective</p> <p><i>Speakers: Brian Clemons</i></p> <p>Did you know that one in five struggle with some level of mental health? How can we as educators support students and their families when crises hits? Come hear a story of a journey from a huge perspective shift to an advocate for health and wellness. Recovery is possible! How can I contribute to keeping students on track and supported?</p>	Zoom
10:30am – 11:20am	<p>R Three Big Questions that Change Every Teenager; Making the Most of Your Conversations and Connections</p> <p><i>Speakers: Tim Galleher</i></p> <p>Today's teenagers are the most anxious, creative, and diverse generation in history --which can make it hard for us to relate. And while every teenager is a walking bundle of questions, three questions rise above the rest:</p> <ul style="list-style-type: none"> * Who am I? * Where do I fit? * What difference can I make? <p>Young people struggle to find satisfying and life-giving answers to these questions on their own. They need caring adults willing to lean in with empathy, practice listening, and gently point them in the direction of better answers: they are enough because of Jesus, they belong with God's people, and they are invited into God's greater story. This seminar is based on new landmark research from the Fuller Youth Institute and combines in-depth interviews with data from 1,200 diverse teenagers.</p>	Webinar
11:30am – 12:00pm	<p>F Lunch (Register ONLY if you will be at Skyway Campus at Noon)</p> <p>If you will be on Skyway campus, you may order a boxed lunch. Please click the link below, once you have registered in order to select your boxed lunch. CLICK HERE</p>	High School Teacher Room

We have 19 different gift baskets to give away. They range in value from \$200 to \$250. Use the link below to register. You may enter your name in up to three basket drawings. You will only be able to win one basket (the first time your name is drawn). If your name is called, use the chat feature in the call to identify that you are present. We will call each name no more than two times. If there is not a quick acknowledgment, we will draw and call a new name. This will continue until a present winner is identified.

Eligibility:

1. Senior Leaders are not eligible.
2. You must be present on the noon Raffle Zoom call to win.
3. You must acknowledge in the chat that you are present after your name is called.
4. Only employees of VCS that have entered their name in the raffle drawing (using the link below) prior to 3/24/21 at midnight are eligible.

To register to win a basket: [CLICK HERE](#)

Pictures and descriptions of the contents of each basket:

A Night in Italy
 Afternoon Tea
 All Things Cozy
 Baker's Delight
 Bee Happy
 Better Than Therapy Art Basket
 Breakfast is Served!
 But...First...Coffee...
 Don't Be Blue
 Family Game Night
 Fun Farmhouse
 Going on a Picnic
 Help Around the House
 In the Garden
 Men's Self Care with Beard Grooming Kit
 Men's Self Care with Shaving Kit
 Our Great Adventure
 Relax! Stress Relief
 Women's Self Care

In 2020, Educators taught people through a global pandemic, an economic crisis, a politically polarized election, a racial justice movement, a chronic uncertainty, anxiety, and depression with no preparation, warning, or special training all while they went through the same experiences themselves. Many of you have never worked harder and felt more defeated all at the same time! If you're in need of a reminder of how amazing you are and learn what preventative measure you can take as we enter the anniversary of such emotionally exhausting experiences, this workshop is for you!

You will be able to learn techniques that will help you recover from and prevent, burnout. You will also learn simple tips you can do, even on zoom. Together, we will focus on how and where we can grow and transform personally, professionally, spiritually, and in community as we prepare together for 2021's challenges. The struggle is real and you have been courageous through it. We are better together because nobody deserves to do this year alone and in burnout.

Have a journal and writing instrument handy.

(Recorded from a previous session)

Speakers: Ashlee Saenz, Joyce Weideling, Rosa Yang

To think about prior to this session:

What are you seeing in your students in this pandemic?

What are the challenges you have been facing with this age group?

12:30pm – 1:20pm	<p>L Christian Counseling Center Breakout Session Grades K-6 Zoom</p> <p><i>Speakers: Tina Engel, Elena Park, Amanda Reid</i></p> <p>To think about prior to this session: What are you seeing in your students in this pandemic? What are the challenges you have been facing with this age group?</p>
12:30pm – 1:20pm	<p>L Get Up & Move! Easy Movement Exercises for the Elementary Classroom (Previously Recorded) Zoom</p> <p><i>Speakers: Michelle McLaughlin</i></p> <p>Do you want to promote creativity, better focus, improved test scores, brain development, and mind/body connection in a few quick moments? Come join me as we learn about the benefits and practical application of movement being added to your daily lesson. My students will be demonstrating a few EASY and SIMPLE ways to get those brain connections working! Plus get those wiggles out of your students in a matter that is going to improve your class management and the attention and retention of your students! What more can you want!!</p> <p>NO MOVEMENT EXPERIENCE NECESSARY!!! Just a FUN time!</p> <p>We will begin with a short intro about why to include basic movement into the Elementary classroom! Our class will be focused on understanding how aerobic exercise can be used to improve learning, memory, and higher cognitive abilities in humans based on the research of Wendy Suzuki, a progressive neuroscientist leading the field .</p> <p>Then WATCH, LEARN & JUMP IN as my assistants demonstrate some fun tools for your Classroom!</p> <p>(Recorded from a previous session)</p>
12:30pm – 1:20pm	<p>L Opportunity in the Obstacle (Previously Recorded) Zoom</p> <p><i>Speakers: Amy Hernandez</i></p> <p>For many educators, this year has been one of the most difficult and stressful years...EVER! For some, you have never worked harder or felt more defeated! If you're in need of a life preserver, this workshop is for you!</p> <p>In addition to some encouragement, you will be given time during this session to help you discover what opportunity is possible for you right now. It can be really challenging to discover the good, but doing so could be exactly what you need right now. Together, we will focus on <u>how</u> and <u>where</u> you can grow and transform personally and professionally during this crazy time.</p> <p>Have a journal and writing instrument handy.</p> <p>(Recorded from a previous session)</p>
12:30pm – 1:20pm	<p>L Reflection Time Self Guided</p> <p>Teachers may use this session to reflect on their teaching practices, both past and future. Teachers or staff members can use this time to implement ideas from VC Connect. You can not take two Personal Reflections Sessions (During Session 3 & 4).</p>
12:30pm – 1:20pm	<p>L Remember Your Why (Previously Recorded) Zoom</p> <p><i>Speakers: Amy Hernandez</i></p> <p>Are you finding it difficult to remember why you got into education, coaching, or supporting students? If so, YOU ARE NOT ALONE. This workshop will focus on re-connecting you to the reasons you entered education. It has never been more important for you to remember your WHY! Connecting to your WHY can help ensure you are showing up in a positive way for yourself and your students each day. Personal clarity of your WHY, and how to successfully navigate the last weeks of school, will be your take-aways from this session.</p> <p>Have a journal and writing instrument handy.</p> <p>(Recorded from a previous session)</p>
12:30pm – 1:20pm	<p>L Social Emotional Health from a Parent's Perspective Zoom</p> <p><i>Speakers: Brian Clemons</i></p> <p>Did you know that one in five struggle with some level of mental health? How can we as educators support students and their families when crises hits? Come hear a story of a journey from a huge perspective shift to an advocate for health and wellness. Recovery is possible! How can I contribute to keeping students on track and supported?</p>

12:30pm – 1:30pm	L	Turnitin (Recorded from earlier session) <i>Speakers: Dr. Susan Tyler</i> Turnitin's Feedback Studio is designed to allow instructors to deliver quality feedback to students while ensuring academic integrity. No matter what you teach, from English to Business, this session will be a practical experience for any Turnitin user who wants to better understand how to use the software in your learning management system. Our session will begin with a deep dive into Turnitin Feedback Studio's grading features and similarity report. You will learn how to return quality feedback to students using Quickmarks, rubrics, and the ETS e-rater (automated). We will also take a deeper dive into reviewing and interpreting Turnitin results (Similarity Report) and how to create an assignment. Please come prepared to learn!	Zoom
1:30pm – 2:30pm	P	Hip Hop Dance <i>Speakers: DJ Baluyot</i> Experience a fun-filled Hip-Hop dance class with DJ Baluyot. Be sure to wear good dancing shoes that will let you move and groove.	Zoom
1:30pm – 2:30pm	P	Painting with Jill <i>Speakers: Jill Carlson</i> Come and enjoy a time set aside to relax and unwind with a guided painting session. Follow along step-by-step or work at your own pace to create a small painting from start to finish. Enjoy music and fellowship as we create together! Supplies will be provided for this creative experience. Info for Participants: You will need to pick up your canvas, paintbrushes and paint set prior to 3/26/21. Lesa Embry will provide you with supply pick-up instructions once you are registered for this class. At home, you will need paper towels, paper plates, and a container for water to clean your brushes. Access to a blow dryer to speed up paint drying time is ideal but not required.	Zoom
1:30pm – 2:30pm	P	Peloton Party <i>Speakers: Kristen Cunningham</i> Join Peloton rider, KRISUCSB, on the leaderboard for a solid cycling workout. Grab your water, a towel, and hop on your bike for Hannah Corbin's 45 min Country Ride from Thursday, 2/18/21 @ 3:00 am . Ride along to the hottest country tracks ranging from bluegrass to Americana to country-pop. Take a few minutes to get settled and we will hit START at 1:35 pm. C'mon and get down with us! *Peloton Bike Required*	Log Yourself Into Peloton
1:30pm – 2:30pm	P	Reflection Time Teachers may use this session to reflect on their teaching practices, both past and future. Teachers or staff members can use this time to implement ideas from VC Connect. You can not take two Personal Reflections Sessions (During Session 3 & 4).	Self Guided
1:30pm – 2:30pm	P	So You Want to Start a Podcast? <i>Speakers: Jeff Baham</i> Jeff will share the basics of starting an audio podcast from scratch and will tell you what type of equipment you'll need, what skills you'll need to master, and what challenges you might encounter as you start your own show. We'll also discuss some anecdotes from Jeff's 13-year podcasting career.	Zoom
1:30pm – 2:30pm	P	Stretch and Sculpt <i>Speakers: Chloe Townsend</i> Relax your mind and take a moment for yourself as you settle into comforting stretches, accompanied by light muscle sculpting exercises.	Zoom
1:30pm – 2:30pm	P	Tap Dance Class! <i>Speakers: Nigel Shum</i> Have you ever been interested in learning how to make sounds with your feet? This is the class for you! Come and join me in learning the basics of tap dancing. No experience or tap dance shoes required.	Zoom

1:30pm – 2:30pm

P Walking (on the Wild Side)

Zoom

Speakers: Judi Fuller

Whether you want to exercise or relax and enjoy being outside, come and enjoy the comradery that walking can give you. We will check in via Zoom to begin the session.

Zoom link:
