VALLEY CHRISTIAN SCHOOLS™
JUNIOR HIGH

"Do it heartily as to the Lord." Col. 3:23

Setting Up Restriction/Screen Time Using iOS 12

iOS 12: How to set up Screen Time as a parent on a child's iPhone or iPad

1. Open **Settings** on your child's iPhone or iPad
2. Tap **Screen Time**
3. The first time you open Screen Time, you'll see a splash screen with the option to **Set up as a Parent**, tap that
4. Follow the prompts to customize Downtime, App Limits, Content & Privacy, and creating your Parent Passcode
5. If you'd like to make any adjustments, you can always return to **Settings → Screen Time**

Parents can also remotely manage devices connected to your iCloud account via Family Sharing. Head to **Settings → Your Name → Family Sharing → Screen Time**.

Ignoring the limit will require the parent's passcode for managed devices, but it won't be needed if you set up limits on your own device. So this can be a great tool to help students learn to manage their own time.

1. Setting→screen Time→ Turn on Screen Time
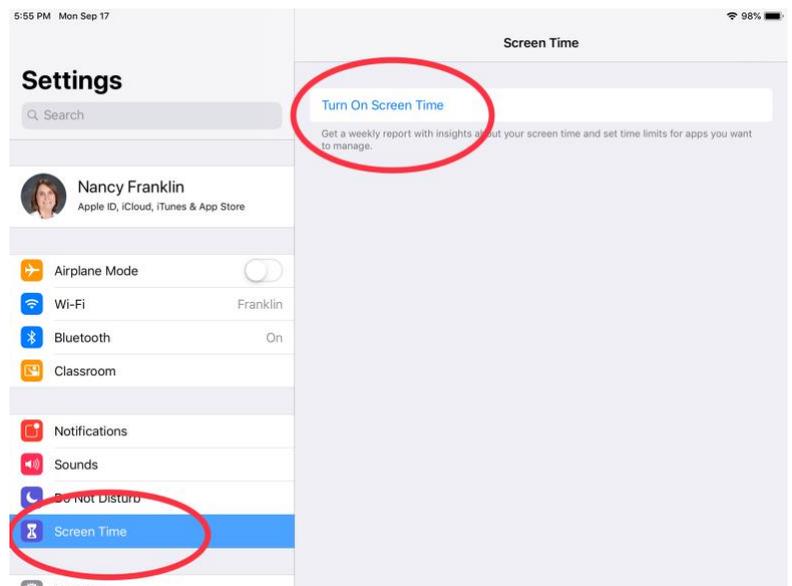
2. tap on *"This is My Child's iPad"*

5:56 PM Mon Sep 17

Screen Time

Settings

Q Search

set time limits for apps you want

Nancy Franklin
Apple ID, iCloud, iTunes &

Back

Is This iPad for Yourself or Your Child?

Screen time for a child's iPad lets you set up additional parental controls.

Airplane Mode

Wi-Fi

Bluetooth

Classroom

Notifications

Sounds

Do Not Disturb

Screen Time

This is My iPad

This is My Child's iPad

General

3. Set you DownTime, Start and End time: this is time when the iPad is not operable. (Bed time)

4. Tap on Set Downtime

5:57 PM Mon Sep 17

Screen Time

Settings

Q Search

set time limits for apps you want

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Downtime

Set a schedule for time away from the screen. Your permission will be required to allow more screen time. Calls, messages, and other apps you want to allow can still be used.

Airplane Mode

Wi-Fi

Bluetooth

Classroom

Start	10:00 PM
End	7:00 AM

Notifications

Sounds

Do Not Disturb

Screen Time

Set Downtime

Not Now

General

5. tap on *"Social Networking" "Games"* and *"Entertainment"* and other as desired.

6. Tap *Set App Limit*
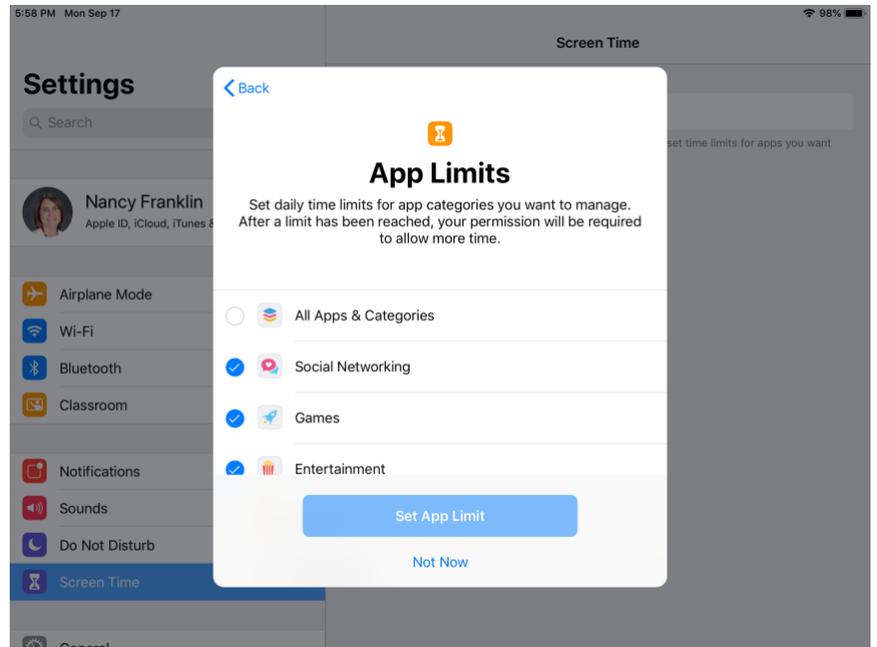
7. Tap on *Set*
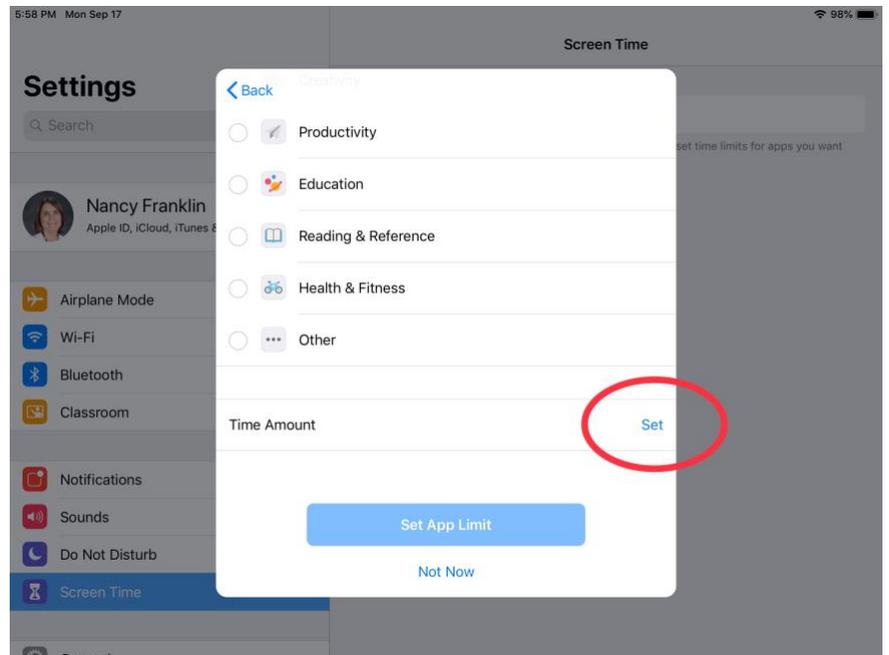
8. Set time limit per 24 hours. And tap *Set App Limit*
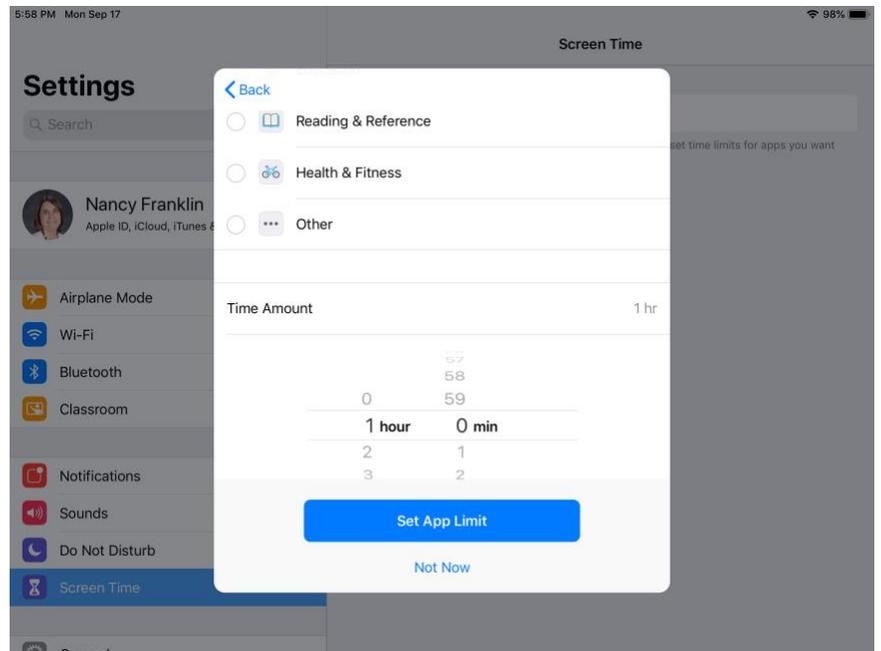
9. Tap *Continue*
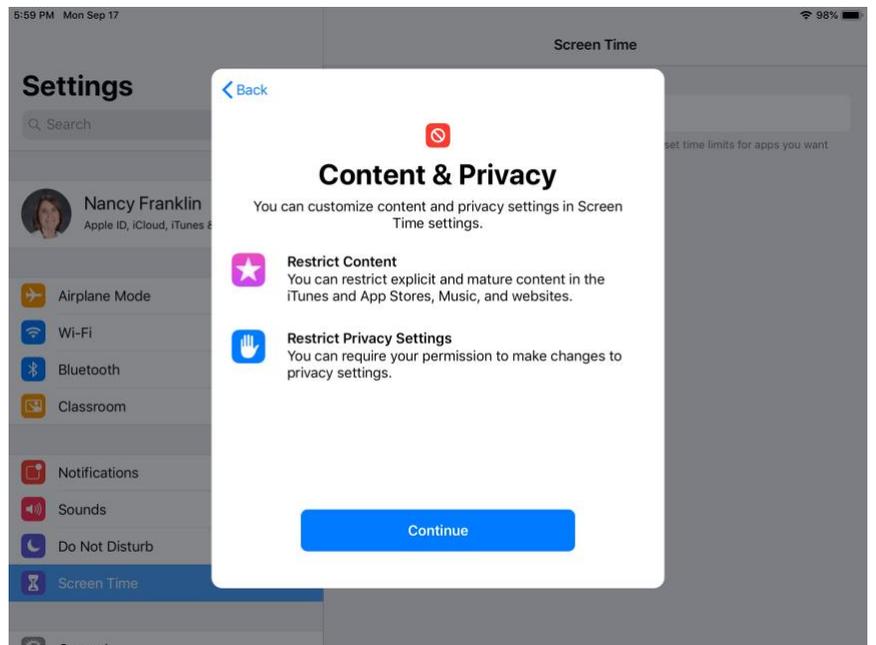
10. Tap in your chosen passcode. Repeat a second time.
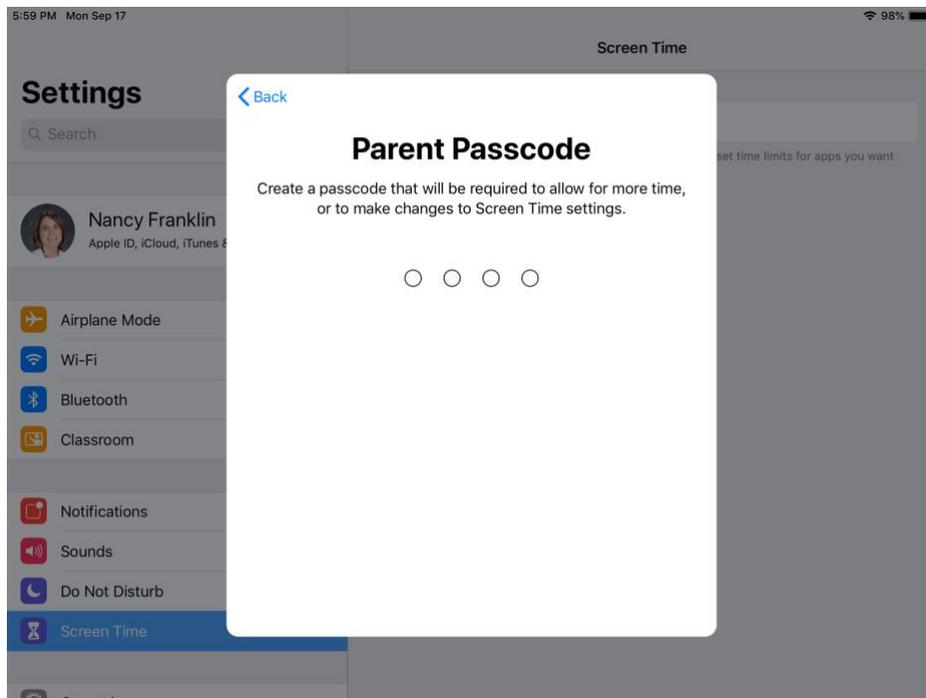
11. Tap the – symbol in the allowed apps and tap remove to remove them from the allowed list. These are what will be available during the Down time. So you probably want to remove everything.
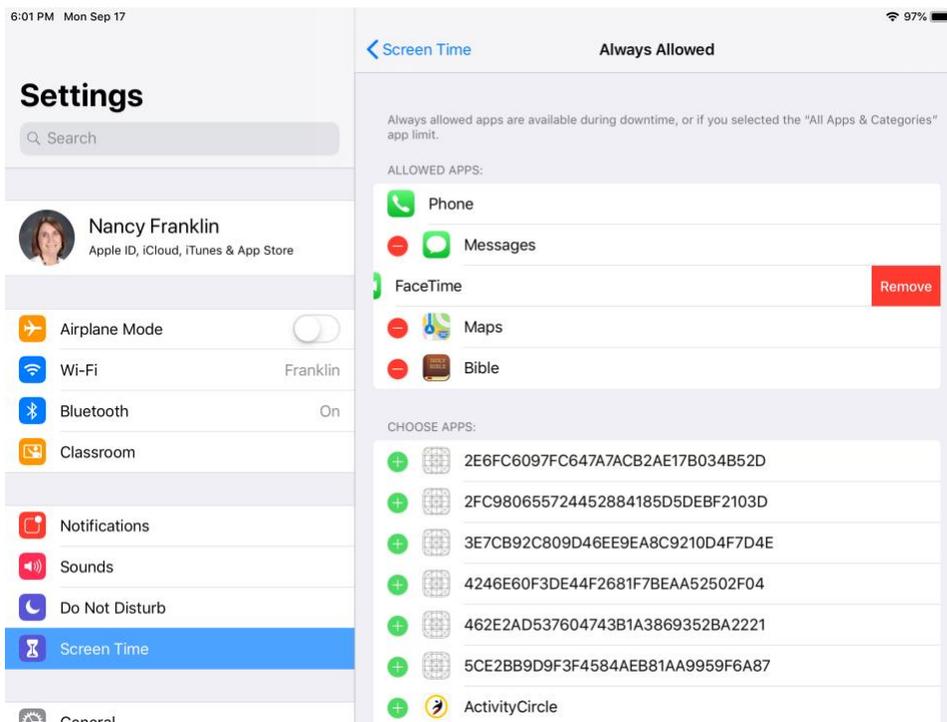
12. tap the + in the choose section to add an app to the Allowed section.

13. You will get this warning, but you can disregard it.
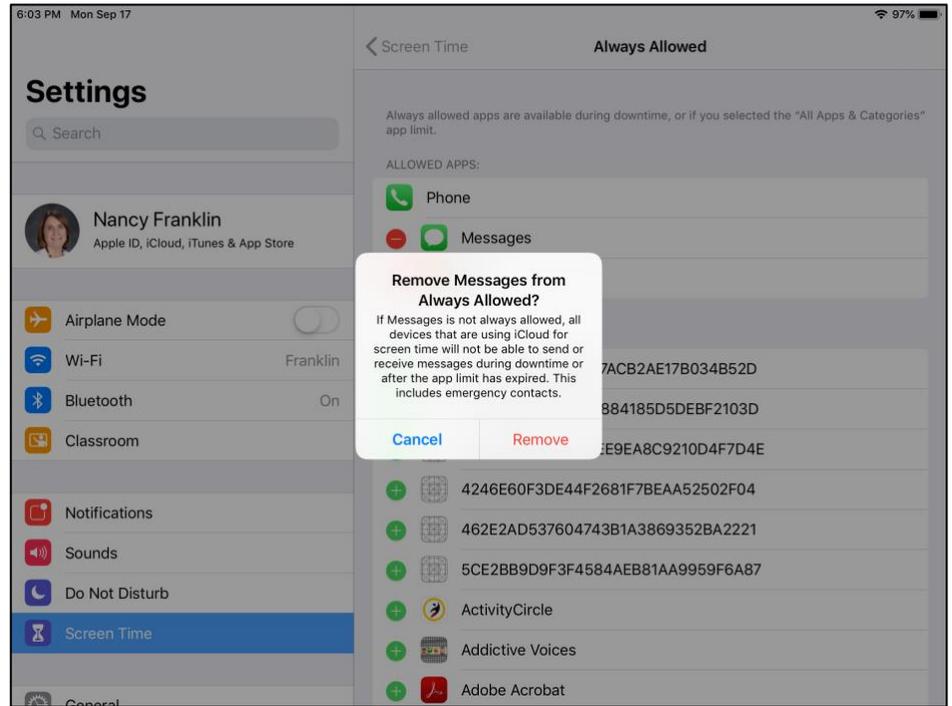
14. You can now set standard restrictions as you like.
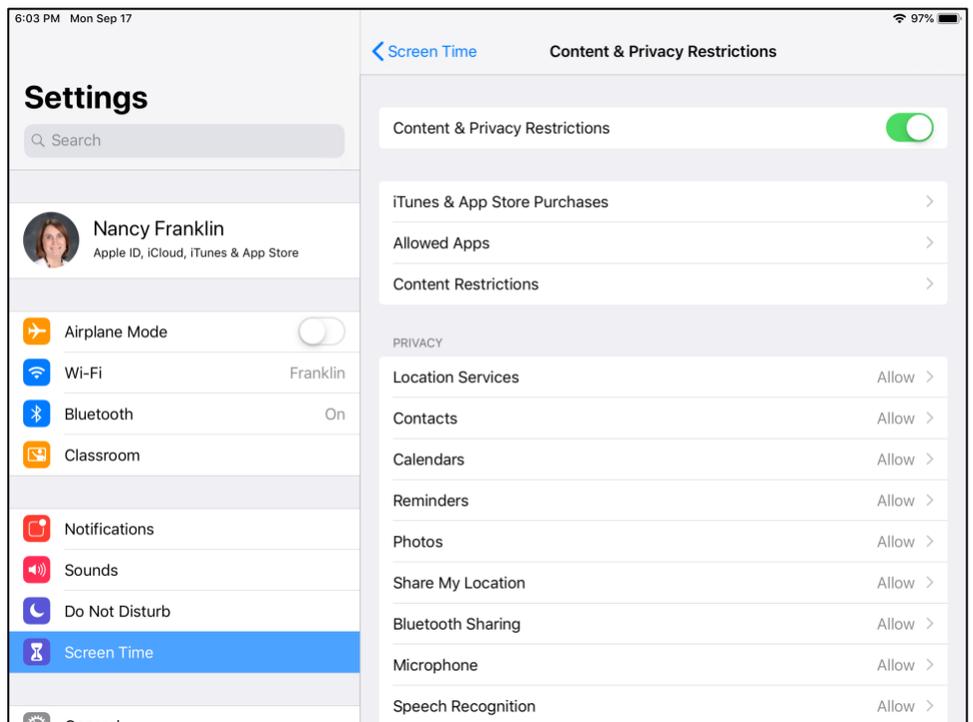
15. Tap on the *Allowed Websites Only*

16. You can remove the suggested website.

17. Be sure to tap *Add Websites* And include ALL sites on the provided JH list of needed sites.
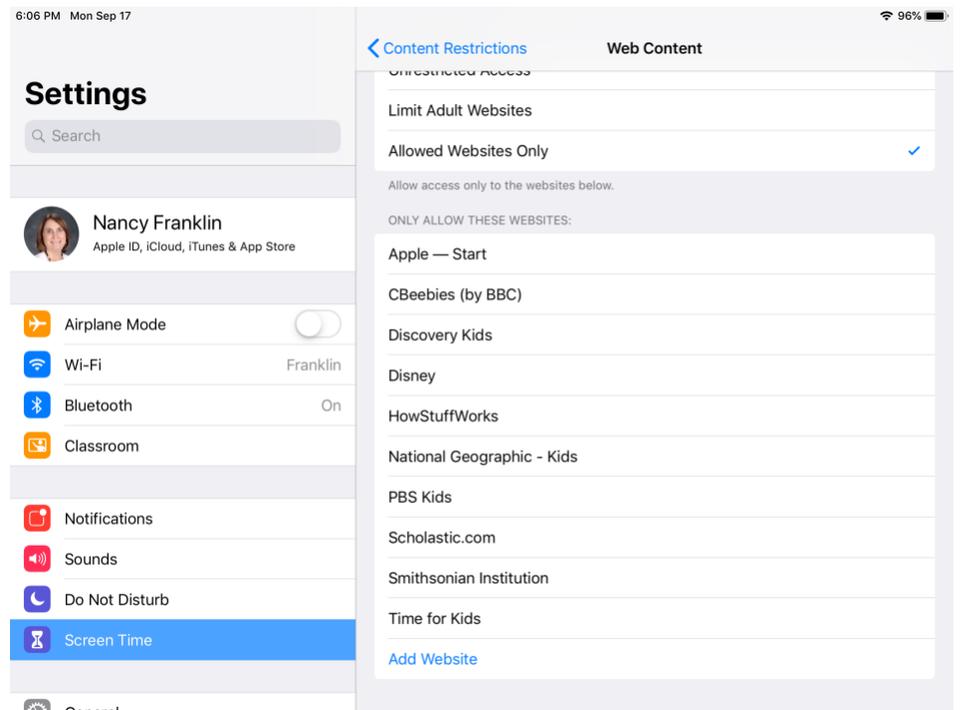
Optional Setting up Screen Time limites on Specific Apps:

1. Open Settings

2. Select Screen Time in the left column

3. Click on your Device Name at the top.
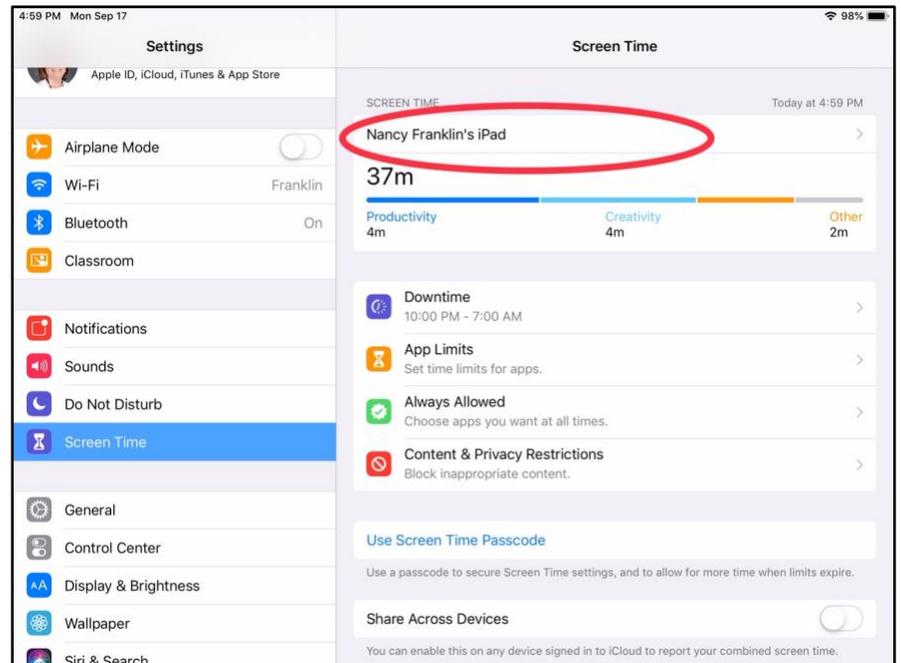
4. Tap on the app. (NOTE: If the app has not been recently used you will need to open it and use it for a bit to get it to show on the list.)
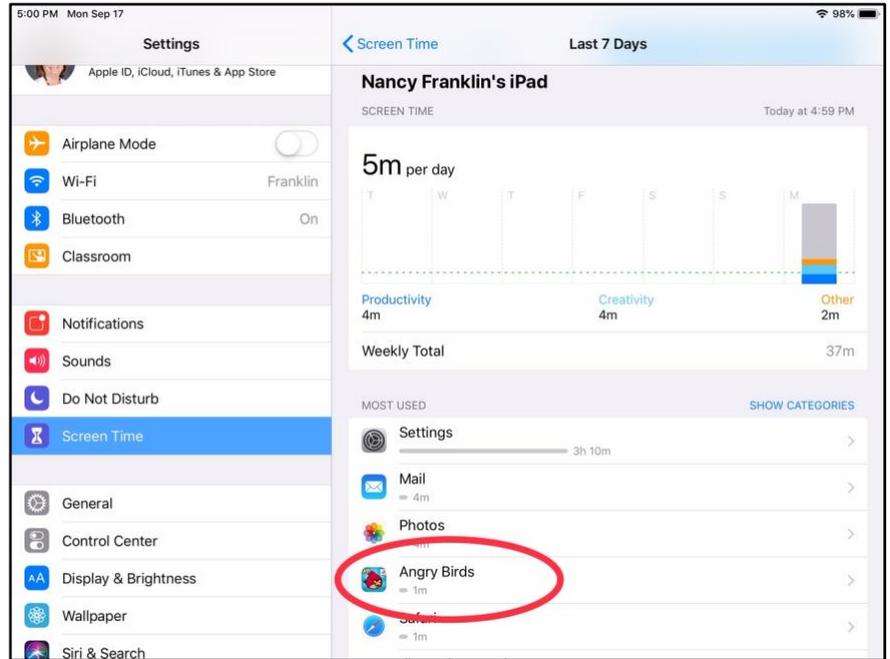
5. Tap on A*dd Limit*
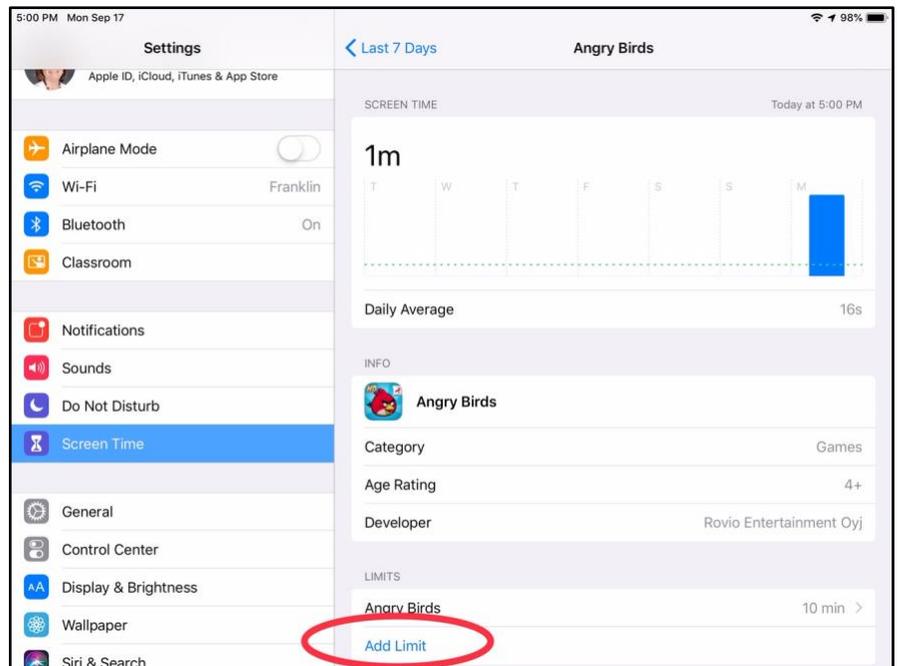
6. Edit the amount of time to allow, and click *ADD* at the top right.

7. Repeat for each individual app