

Setting Up Restriction/Screen Time Using iOS 12

iOS 12: How to set up Screen Time as a parent on a child's iPhone or iPad

- 1. Open Settings on your child's iPhone or iPad
- 2. Tap Screen Time
- 3. The first time you open Screen Time, you'll see a splash screen with the option to **Set up as a Parent**, tap that
- 4. Follow the prompts to customize Downtime, App Limits, Content & Privacy, and creating your Parent Passcode
- 5. If you'd like to make any adjustments, you can always return to **Settings** \rightarrow **Screen Time**

Parents can also remotely manage devices connected to your iCloud account via Family Sharing. Head to **Settings** \rightarrow **Your Name** \rightarrow **Family Sharing** \rightarrow **Screen Time**.

Ignoring the limit will require the parent's passcode for managed devices, but it won't be needed if you set up limits on your own device. So this can be a great tool to help students learn to manage their own time.

1. Setting→screen Time→ Turn on Screen Time



2. tap on *"This is My Child's iPad"*



- 3. Set you DownTime, Start and End time: this is time when the iPad is not operable. (Bed time)
- 4. Tap on Set Downtime



- 5. tap on *"Social Networking" "Games"* and *"Entertainment"* and other as desired.
- 6. Tap Set App Limit



7. Tap on Set



8. Set time limit per 24 hours. And tap Set App Limit





9. Tap Continue

10. Tap in your chosen passcode. Repeat a second time.



11. Tap the – symbol in the allowed apps and tap remove to remove them from the allowed list. These are what will be available during the Down time. So you probably want to remove everything.

12.tap the + in the choose section to add an app to the Allowed section.

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		Screen Tin	Always Allowed			
Settings		Always allow app limit.	ed apps are available during downtime, or if you selected the "All Apps & Categories"			
		ALLOWED A	PPS:			
		Phone				
Apple ID, iCloud, iTunes & App Store		•	Messages			
		J FaceTime	Remove			
≁	Airplane Mode	•	Maps			
?	Wi-Fi Franklin	0	Bible			
*	Bluetooth On	CHOOSE AP	PS:			
	Classroom	•	2E6FC6097FC647A7ACB2AE17B034B52D			
		+ #	2FC980655724452884185D5DEBF2103D			
C	Notifications	• #	3E7CB92C809D46EE9EA8C9210D4F7D4E			
((۱)	Sounds		4246E60F3DE44F2681F7BEAA52502F04			
C	Do Not Disturb		462E2AD537604743B1A3869352BA2221			
I	Screen Time		5CE2BB9D9F3F4584AEB81AA9959F6A87			
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13. You will get this warning, but you can disregard it.

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	〈 Screen Tim	e	Always Allowed	
Settings Q. Search	Always allowe app limit. ALLOWED AF	ad apps are available du	ing downtime, or if you selected the "All Apps & Categories"	
Nancy Franklin Apple ID, ICloud, ITunes & App Store	Phor	ne Messages		
Airplane Mode Wi-Fi Franklin Bluetooth On	Remove Messages from Always Allowed? If Messages is not always allowed, all devices that are using iCloud for screen time will not be able to send or receive messages during downtime or after the app limit has expired. This includes emergency contacts.		7ACB2AE17B034B52D	
Classroom	Cancel	Remove	E9EA8C9210D4F7D4E	
Notifications	•	4246E60F3DE44F 462E2AD5376047	2681F7BEAA52502F04 43B1A3869352BA2221	
Sounds Do Not Disturb	•	5CE2BB9D9F3F45	84AEB81AA9959F6A87	
Screen Time	• •	Addictive Voices		
Conoral	a 🎤	Adobe Acrobat		

14. You can now set standard restrictions as you like.

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	Screen Time Content & Privacy Restrictions	
Settings		
Q Search	Content & Privacy Restrictions	
	Tupos & Ann Store Durchasse	
Nancy Franklin	Tiunes & App Store Purchases	
Apple ID, iCloud, iTunes & App Store	Allowed Apps	>
	Content Restrictions	>
Airplane Mode	PRIVACY	
🛜 Wi-Fi Franklin	Location Services	Allow >
Bluetooth On	Contacts	Allow >
Classroom	Calendars	Allow >
	Reminders	Allow >
Notifications	Photos	Allow >
Sounds	Share My Location	Allow >
C Do Not Disturb	Bluetooth Sharing	Allow >
Screen Time	Microphone	Allow >
	Speech Recognition	Allow >

	6:06 PM Mon Sep 17		? 96% 🔳
		Content Restrictions Web Content	
	Settings	Limit Adult Websites	
	Q Search	Allowed Websites Only	~
		Allow access only to the websites below.	
	Nancy Franklin	ONLY ALLOW THESE WEBSITES:	
15. Tap on the Allowed	Apple ID, iCloud, iTunes & App Store	Apple — Start	
Websites Only		CBeebies (by BBC)	
,	Airplane Mode	Discovery Kids	
	🛜 Wi-Fi Franklin	Disney	
16. You can remove the	Bluetooth On	HowStuffWorks	
suggested website.	Classroom	National Geographic - Kids	
		PBS Kids	
	Notifications	Scholastic com	
17 Bo sure to tap Add	Sounds		
17. Be sule to tap Add	C Do Not Disturb	Smithsonian institution	
websites And Include		Time for Kids	
ALL sites on the		Add Website	
provided JH list of needed sites.	Conoral		

Optional Setting up Screen Time limites on Specific Apps:

- 1. Open Settings
- 2. Select Screen Time in the left column
- 3. Click on your Device Name at the top.



4. Tap on the app. (NOTE: If the app has not been recently used you will need to open it and use it for a bit to get it to show on the list.)



5. Tap on Add Limit

Settings	Last 7 Days	Angry Birds	
Apple ID, iCloud, iTunes & App Store	SCREEN TIME		Today at 5:00 Pl
>> Airplane Mode	D 1m		
ᅙ Wi-Fi Fra	nklin T W 1	F S	S M
Bluetooth	On		
Classroom			·····
	Daily Average		16
Notifications			
Sounds	INFO		
Do Not Disturb	Angry Birds		
Screen Time	Category		Game
	Age Rating		4
General	Developer		Rovio Entertainment O
Control Center			
A Display & Brightness	LIMITS		
Wallpaper	Anary Birds		10 min
	Add Limit		

- Edit the amount of time to allow, and click ADD at the top right.
- 7. Repeat for each individual app

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	Settings			🗸 Last 7 Days		Angry Birds	
M	Apple ID, iCloud, iTunes &	Cano	el	Ang	ry Birds	Add	Today at 5:00 PM
Ð	Airplane Mode	Time				10 min	
?	Wi-Fi						
*	Bluetooth				8		
	Classroom				9		••••• <mark>••••</mark> •••
	olassiooni			() hours	10 min		10-
B	Notifications			1 2	11 12		
	Sounds						
		Custo	omize Days	S		>	
U	Do Not Disturb	App limits apply to all devices that are using iCloud for screen time. A notification				en time. A notification	
Screen Time			appear rive minutes before the limit expires.			Games	
		APPS 8	& CATEGORIE				4+
0	General	8	Angry Bird	ds			Rovio Entertainment Oyj
8	Control Center		Edit Apps				
AA	Display & Brightness						
	Wallpaper						
	Siri & Search						