

BEST WEEK OF THE SUMMER



JOIN PALS THIS SUMMER 2026!

- ✓ 7 Days 6 Nights
- ✓ Located in cities across the USA
- ✓ On university campuses
- ✓ Unique & fun programming
- ✓ One-to-one pairings
- ✓ FREE for volunteers
- ✓ No experience necessary!

LEARN MORE



ABOUT PALS

Our model is based on one-to-one pairings between similarly-aged individuals with and without Down syndrome. Teams spend a full week together (7 days, 6 nights) living together in dorms, participating in on-campus activities, taking on new adventures with our off-campus trips, while learning more about themselves and others as they build transformative friendships

Email support@palsprograms.org for more information.

PALS
PROGRAMS